
Nidhee Mathur Sachdev M.D.

1401 Avocado Ave #403 Newport Beach Ca 92660

Employment

OC Fertility – a CCRM IVF and Fertility Lab Sciences affiliate	9/2017 – Present
Reproductive Endocrinology and Infertility Physician	

Fellowship

Reproductive Endocrinology and Infertility	7/2014 - Present
New York University Fertility Center	

Residency

Department of Obstetrics and Gynecology	6/2010 – 6/2014
The University of Chicago Medical Center	

Education

University of California at Irvine School of Medicine	8/2006- 6/2010
Doctor of Medicine	

University of California at San Diego	6/2002- 6/2006
Bachelor of Science, Human Biology	

Board Certification

American Board of Obstetrics and Gynecology- General Ob/Gyn	11/2015
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Honors and Awards

Medical Student Teaching Award, NYU Langone School of Medicine	2016-2017
Academic Chief Resident, University of Chicago Medical Center	2013-2014
Chicago Lying in Medical Student Teaching Award	2010-2012
Chicago Lying in Golden Apple Teaching Award	2010-2011

Presentations

The Rate of Mosaic Embryos From Donor Egg as Detected by Next Generation Sequencing (NGS) Varies by IVF Laboratory

Nidhee M Sachdev M.D., Lia Ribustello, Emmeline Liu, David H McCulloh PhD, James A Grifo M.D. PhD, Santiago Munne´ PhD
Poster presentation, ASRM 2016 Salt Lake City, Utah

The High Rate of Abnormal Embryos in Donor Cycles is Reflected in Donor Oocyte Pregnancy Outcomes

Nidhee M Sachdev M.D., Susan M Maxwell M.D., Lia Ribustello, David H McCulloh PhD, Santiago Munne´ PhD, James A Grifo M.D. PhD
Poster presentation, ASRM 2016 Salt Lake City, Utah

Lean Mass is a Modifiable Risk Factor for Vertebral Fractures in Postmenopausal Women

Ashley W Tiegs M.D., Rachel Meislin, Nidhee M Sachdev M.D., Margaret J Nachtigall M.D., Lila Nachtigall M.D.

Poster presentation, ASRM 2016 Salt Lake City, Utah

Why Does a Euploid Embryo Fail to Implant? Lessons from Patients Who Get a Second Transfer

Ashley W Tiegs M.D., Nidhee M. Sachdev M.D., Susan M. Maxwell M.D., Jamie A Grifo M.D. PhD

Poster presentation, ASRM 2016 Salt Lake City, Utah

A New Look: The impact of Estrogen on Blastocyst Development and Egg Quality

J Blakemore M.D., Nidhee M Sachdev M.D., David H McCulloh PhD, James A Grifo M.D PhD

Poster presentation, PCRS 2016 Palm Springs, California

Affect of Paternal Age on Euploid Frozen Embryo Transfer Pregnancy Rates

Nidhee M Sachdev M.D., David H McCulloh PhD, James A Grifo MD PhD

Poster presentation, ASRM 2015 Baltimore, Maryland

Blastocyst Expansion at Time of Euploid Frozen Embryo Transfer

Nidhee M Sachdev M.D., David H McCulloh PhD, James A Grifo MD PhD

Poster presentation, ASRM 2015 Baltimore, Maryland

Does Laser Zona Breaching (LZB) of Warmed Blastocysts Improve Hatching Rates?

Nidhee M Sachdev M.D. David H McCulloh PhD, Carolyn McCaffrey PhD HCLD, James A Grifo M.D. PhD

Poster presentation, ASRM 2015 Baltimore, Maryland

Does the Number of Euploid Embryos that a Patient Makes Have an Affect on the Pregnancy outcome of a Single Thawed Euploid Embryo Transfer (STEET)?

Nidhee M Sachdev M.D., David H McCulloh PhD, James A Grifo M.D. PhD

Poster presentation, ASRM 2015 Baltimore, Maryland

Comparison of Luteal Phase Support in Euploid Frozen Embryo Transfers

Nidhee Mathur M.D., Meike LUhler M.D., Eve Feinberg M.D.

Poster presentation, ASRM 2013 Boston, Massachusetts

Miscarriage Chromosome Testing: Utility of CGH with MSA in REPL

Nidhee Mathur M.D., Mary S Stephenson M.D.

Poster presentation, ASRM 2012 San Diego, California

Publications

Chase DM, **Mathur N**, Tewari KS. **Drug discovery in ovarian cancer.**
Recent Pat Anticancer Drug Discover 2010 Nov;5 (3):251-60.

Mathur N, Triplett L, Stephenson M. **Miscarriage chromosome testing: Utility of comparative genomic hybridization with reflex microsatellite analysis in preserved miscarriage tissue.** Fertil Steril. 2014 May;101(5):1349-52

Sachdev N, Grifo J, Licciardi F. **Delayed Intracytoplasmic Sperm Injection (ICSI) with trophoctoderm biopsy and Preimplantation Genetic Screening (PGS) show increased aneuploidy rates but can lead to live births with single thawed euploid embryo transfer (STEET).** J Assist Reprod Genet. 2016 Jun 2

Tiegs A, **Sachdev N**, Grifo J, McCulloh D, Licciardi F. **Paternal Age is Not Associated With Pregnancy Outcomes After Single Thawed Euploid Blastocyst Transfer.** Reprod Sci. 2017 Sep;24(9):1319-1324

Sachdev N, Maxwell S, Besser A, Grifo J. **Diagnosis and Clinical Management of Embryonic Mosaicism.** Fertil Steril. 2017 Jan;107(1):6-11
